

# Idaho

## Children's Special Health Program (CSHP)

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### MISSION STATEMENT

“To work toward a statewide delivery system of community-based health and related services for children with special health care needs and their families. This will be accomplished through the assessment of family, community and state needs; the establishment of partnerships to maximize resources; policy development to increase health care system capacity; and the provision of services to targeted populations. Guiding principles will be reflected through a culturally sensitive, family-focused approach which encourages participant responsibility and empowerment.”

### I. DIRECT HEALTH CARE SERVICES

Direct health care services are defined as services generally delivered between a health professional and a patient in an office, clinic or emergency room. For example, follow-up visit to a specialist for a chronic condition (e.g. cleft lip, cardiac, or orthopedic problems), physical therapy, occupational therapy, respiratory therapy, inpatient and outpatient medical services, allied health services, lab, etc.

### **ELIGIBILITY CRITERIA FOR DIRECT CARE SERVICES**

**Age:**

Application may be accepted on persons up to age eighteen (18) or any age for persons with cystic fibrosis or phenylketonuria (PKU). With the exception of cystic fibrosis and PKU, CSHP will pay for no services after the patient's 18th birthday, unless the person is receiving active inpatient treatment at the time of the birthday. In that case, CSHP will pay for services until discharge, if they fall within the guidelines for hospital inpatient services.

***Residency:***

Idaho residents. There is no duration requirement; intent to settle in the state is sufficient to establish residency.

***Medical:***

Generally, eligible children are those born with or who acquire physical handicaps or special health care needs and who require long-term multidisciplinary care and case management to function as close as possible in the manner considered appropriate for other Idaho children.

***Eligible Conditions:***

Care is provided under the following broad diagnostic categories:

- |                  |                                     |
|------------------|-------------------------------------|
| Cardiac          | Orthopedic                          |
| Cleft Lip/Palate | Phenylketonuria (PKU)               |
| Craniofacial     | Plastic/Burn                        |
| Cystic Fibrosis  | Any combination of these categories |
| Neurologic       |                                     |

***Excluded Conditions:***

The following conditions are not covered (unusual care requests not listed here are considered on an individual basis):

- |   |  |
|---|--|
| Behavioral problems   | Hernias  |
| Brain tumors  | Infectious diseases  |
| Cancer  | Minor foot and leg deformities   |
| Congenital defects of the<br>gastrointestinal or genitourinary tracts | Neonatal or pediatric care   |
| Diabetes  | Pseudohermaphroditism  |
| Fractures   | Respiratory or pulmonary problems,<br>except as related to cystic fibrosis |
| Hearing problems, except those<br>related to cleft lip and palate     | Spinal disc lesions  |

***Financial:***

***General Financial Eligibility:***

A sliding scale is used to determine the percentage of financial assistance that will be provided after exhaustion of any third party resources. Families with net taxable incomes falling below 185% of the federal poverty guidelines will receive financial assistance for 100% of CSHP services; families above 185% of poverty will receive financial assistance for services at levels determined by the sliding scale.

***Financial Eligibility for Initial Screening:***

Same as "General Financial Eligibility."

***Family Co-Payment or Financial Participation Requirements:***  
See “General Financial Eligibility.”

**DIRECT CARE SERVICES (PROVIDED OR PAID FOR):**

The program covers diagnostic, hospital, treatment, and follow-up services. These direct health care services include:

- Genetic counseling
- Inpatient hospital care
- Surgery
- Therapy

***Excluded Direct Care Services:***

The following direct health care services are excluded (unusual service requests not listed here are considered on an individual basis):

- Acute care
- Cosmetic surgery, except for burns
- Drugs, except those prescribed for eligible cystic fibrosis patients
- Eye glasses and visual training therapy
- Home health/home nursing services
- Long-term psychological or psychiatric care or counseling
- Transplants, including follow-up care

**HOW/WHERE DIRECT CARE SERVICES ARE PROVIDED:**

Services are provided at program clinics, approved hospitals, cardiac centers, and rehabilitation facilities.

***Specialty Clinics/Programs:***

None specifically listed. Contact the Program directly for more information.

***Coordination of Financial Benefits:***

CSHP acts as payor of last resort after Medicaid and private insurance. Providers must bill all other sources of direct third party payment before submitting their claims to CSHP. Any child who may be eligible for Medicaid must apply to Medicaid before CSHP payments will be made.

**SPECIALIZED OR UNIQUE DIRECT CARE SERVICES, SPECIAL GRANTS, WORKSHOPS, ETC.:**

None specifically listed. Contact the Program directly for more information.

## **II. ENABLING SERVICES**

Enabling services are defined as services that allow or provide for access to and the derivation of benefits from the array of basic health care services and includes such things as transportation, translation services, outreach, respite care, health education, family support services, purchase of health insurance, case management, coordination of Medicaid, WIC and education.

### **ELIGIBILITY CRITERIA FOR ENABLING SERVICES**

***Age:***

Same as “Direct Health Care Services” above.

***Residency:***

Same as “Direct Health Care Services” above.

***Medical:***

Same as “Direct Health Care Services” above.

***Financial:***

Same as “Direct Health Care Services” above.

### **ENABLING SERVICES (PROVIDED OR PAID FOR):**

The following enabling services are provided through CSHP:

Braces and other appliances

***Coordination of Services:***

CSHP has a formalized case management program. The program focuses on cost containment and managed care, including planning, coordinating, and providing services for the medical, social, and educational needs of the patient.

***Excluded Enabling Services:***

The following enabling services are excluded (unusual service requests not listed here are considered on an individual basis):

Educational services, except for learning disability diagnosis  
Legal services  
Respite care  
Shoes and equipment

**HOW/WHERE ENABLING SERVICES ARE PROVIDED:**

Same as “Direct Health Care Services” above.

**SPECIALIZED OR UNIQUE ENABLING SERVICES, SPECIAL GRANTS, WORKSHOPS, ETC.:**

None specifically listed. Contact the Program directly for more information.

**III. POPULATION-BASED SERVICES**

Population-based services are defined as prevention services and personal health services that are developed and available for the entire MCH/CSHCN population of the state rather than for individuals on a one-on-one situation. Disease prevention, health promotion, and statewide outreach are major components. Common among these services are lead screening, immunizations, SIDS counseling, oral health, injury prevention, nutrition, and outreach/public education.

**POPULATION-BASED SERVICES (PROVIDED OR PAID FOR):**

None specifically listed. Contact the Program directly for more information.

**HOW/WHERE POPULATION-BASED SERVICES ARE PROVIDED:**

Not applicable.

**SPECIALIZED OR UNIQUE POPULATION-BASED SERVICES, SPECIAL GRANTS, WORKSHOPS, ETC.:**

None specifically listed. Contact the Program directly for more information.

**IV. INFRASTRUCTURE BUILDING SERVICES**

Infrastructure building services are defined as services that address the development and maintenance of comprehensive health services systems. Infrastructure building services include: needs assessment, evaluation, planning, policy development, coordination, quality assurance, standards development, monitoring, training, applied research, development of information systems and systems of care (which are family-centered, community-based, etc.), development and maintenance of health services standards/guidelines, training, data and planning systems, etc.

**INFRASTRUCTURE BUILDING SERVICES:**

None specifically listed. Contact the Program directly for more information.

**HOW/WHERE INFRASTRUCTURE BUILDING SERVICES ARE PROVIDED:**

Not applicable.

**SPECIALIZED OR UNIQUE INFRASTRUCTURE BUILDING SERVICES, SPECIAL GRANTS, WORKSHOPS, ETC.:**

None specifically listed. Contact the Program directly for more information.

**OUT-OF-STATE SERVICES FUNDED BY THE PROGRAM:**

As a general rule, Idaho Children's Special Health Program will not pay for care out-of-state that is available in state. Any exceptions to this rule will be determined by the state office for the Children's Special Health Program. All out-of-state care, including care that is not available in Idaho, must be preauthorized and generally must be recommended by an Idaho Children's Special Health Program physician consultant through clinic or other regular program mechanism.

**STATUTORY/REGULATORY AUTHORITY OF THE PROGRAM:**

Section 39-105 and 39-147, Idaho Code.