

Minnesota

Minnesota Children with Special Health Needs (MCSHN)

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Toll-free Hot Line: 1-800-728-5420

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MISSION STATEMENT

We promote the optimal health, well-being, respect and dignity of children and youth with special health needs and their families. We provide statewide support to achieve:

- Early identification, diagnosis and treatment
- Family centered services and systems of care
- Access to health care and related services
- Community outreach and networking
- Collection and dissemination of information and data

I. DIRECT HEALTH CARE SERVICES

Direct health care services are defined as services generally delivered between a health professional and a patient in an office, clinic or emergency room. For example, well child care visit; visit to doctor for an acute health care condition (e.g. earache); follow-up visit to a specialist for a chronic condition (e.g. asthma, diabetes, sickle cell disease), physical therapy, occupational therapy, respiratory therapy, inpatient and outpatient medical services, allied health services, lab, etc.

ELIGIBILITY CRITERIA FOR DIRECT CARE SERVICES

Age:

Birth to age 21. Adults with cystic fibrosis and hemophilia are also covered.

Residency:

Minnesota resident.

Medical:

MCSHN provides services for children with disabilities, defined as individuals under 21 who have a chronic disease or physiological condition, which might hinder the achievement of normal growth and development.

MCSHN also provides financial help for diagnostic testing or examination for a suspected chronic condition. There is no income criteria for this service. The individual must be a Minnesota resident and under 21 years of age. Contact the Program directly for more information.

Eligible Conditions:

Eligible conditions are those disabling or physical conditions, which may require extended, sequential, medical, surgical, and/or rehabilitative intervention.

Excluded Conditions:

Mental health diagnoses, unrelated to a medically eligible condition.

Financial:

Income Guidelines

<i>Family Size</i>	<i>Adjusted Gross Income less than**</i>
2	\$28,786
3	\$35,559
4	\$42,332
5	\$49,105
6	\$55,878
7	\$57,148
8	\$58,418

Step Parent income is not counted.

**Families with incomes above this amount may be asked to pay a portion of the cost (cost sharing) of specialized care. Effective 7/1/02.

Financial Eligibility for Initial Screening:

MCSHN provides financial help for diagnostic testing or examination for a suspected chronic condition. There is no income criteria for this service. The individual must be a Minnesota resident and under 21 years of age. Prior approval is necessary. Contact the Program directly for more information.

Family Co-Payment or Financial Participation Requirements:

Same as “General Financial Eligibility”.

DIRECT CARE SERVICES (PROVIDED OR PAID FOR):

MCSHN provides diagnosis and treatment services, including medical, dental, rehabilitative and follow-up. Treatment services are funded to a maximum of \$15,000 per eligibility year.

The following direct health care services are provided through MCSHN (include but are not limited to):

- Chiropractic Service
- Dental care for routine procedures such as cleaning, x-rays and fillings
- Diabetic education
- Equipment and disposable supplies
- Eyeglasses
- Formula in selected situations
- Hearing aids, ear molds and batteries
- Inpatient care related to the MCSHN medically eligible conditions. Prior notification is required
- Insurance premiums in selected situations
- Mental health outpatient care
- Orthodontia and prosthodontia in selected situations
- Physician services
- Prescription drugs
- Same-day surgery
- Skilled nursing care
- Therapies such as physical, occupational and speech
- Travel expenses in selected situations

Excluded Direct Care Services:

None specifically listed. Contact the Program directly for more information.

HOW/WHERE DIRECT CARE SERVICES ARE PROVIDED:

Services must be obtained from a Minnesota medical assistance provider.

Specialty Clinics/Programs:

MCSHN offers medical and rehabilitative clinic services in areas where services are not currently available. These services compliment ongoing local medical care. Clinics offered include Speech, Developmental and Behavioral, Diabetes, Facial-Dental, Physical Rehabilitation, Habilitation Technology, and Fetal Alcohol Syndrome.

Coordination of Financial Benefits:

MCSHN is payor of last resort after cost-sharing or third party reimbursement sources.

SPECIALIZED OR UNIQUE DIRECT CARE SERVICES, SPECIAL GRANTS, WORKSHOPS, ETC.:

None specifically listed. Contact the Program directly for more information.

II. ENABLING SERVICES

Enabling services are defined as services that allow or provide for access to and the derivation of benefits from the array of basic health care services and includes such things as transportation, translation services, outreach, respite care, health education, family support services, purchase of health insurance, case management, coordination of Medicaid, WIC and education.

ELIGIBILITY CRITERIA FOR ENABLING SERVICES

Age:

Same as “Direct Health Care Services” above.

Residency:

Same as “Direct Health Care Services” above.

Medical:

Same as “Direct Health Care Services” above.

Financial:

Same as “Direct Health Care Services” above.

ENABLING SERVICES (PROVIDED OR PAID FOR):

The following enabling services are provided through MCSHN:

- Diabetic education
- Diapers and incontinence products over age four
- Equipment rental/purchase
- Purchase of Medical Insurance if cost effective

Coordination of Services:

Minimal service coordination is provided in selected situations.

Excluded Enabling Services:

None specifically listed. Contact the Program directly for more information.

HOW/WHERE ENABLING SERVICES ARE PROVIDED:

Same as “Direct Health Care Services” above.

Specialty Clinics/Programs:

Same as “Direct Health Care Services” above.

SPECIALIZED OR UNIQUE ENABLING SERVICES, SPECIAL GRANTS, WORKSHOPS, ETC.:

None specifically listed. Contact the Program directly for more information.

III. POPULATION-BASED SERVICES

Population-based services are defined as prevention services and personal health services that are developed and available for the entire MCH/CSHCN population of the state rather than for individuals on a one-on-one situation. Disease prevention, health promotion, and statewide outreach are major components. Common among these services are newborn screening, lead screening, immunizations, SIDS counseling, oral health, injury prevention, nutrition, and outreach/public education.

POPULATION-BASED SERVICES (PROVIDED OR PAID FOR):

Follow Along Program
Guidelines of Care
Newborn Metabolic Disorders screening

Under MCH there is also:
Lead screening
Newborn Hearing screening

Contact the Program directly for more information.

HOW/WHERE POPULATION-BASED SERVICES ARE PROVIDED:

Not applicable.

SPECIALIZED OR UNIQUE POPULATION-BASED SERVICES, SPECIAL GRANTS, WORKSHOPS, ETC.:

None specifically listed. Contact the Program directly for more information.

IV. INFRASTRUCTURE BUILDING SERVICES

Infrastructure building services are defined as services that address the development and maintenance of comprehensive health services systems. Infrastructure building services include:

needs assessment, evaluation, planning, policy development, coordination, quality assurance, standards development, monitoring, training, applied research, development of information systems and systems of care (which are family-centered, community-based, etc.), development and maintenance of health services standards/guidelines, training, data and planning systems, etc.

INFRASTRUCTURE BUILDING SERVICES:

- Capacity building in the provider community (physicians, managed care, etc.)
- Interagency systems development/planning activities for a birth-21 community based system
- Population based research projects
- Technical assistance to local public health agencies

Contact the Program directly for more information.

HOW/WHERE INFRASTRUCTURE BUILDING SERVICES ARE PROVIDED:

Not applicable.

SPECIALIZED OR UNIQUE INFRASTRUCTURE BUILDING SERVICES, SPECIAL GRANTS, WORKSHOPS, ETC.:

MCSHN sponsors or co-sponsors educational workshops and contributes funding to provide families and professionals opportunities to enhance knowledge and skills relating to children with special health care needs.

Information and referral assistance is provided at the 1-800-728-5420 number.

OUT-OF-STATE SERVICES FUNDED BY THE PROGRAM:

MCSHN may pay medical care for services received in bordering communities in adjacent states. Services must be obtained from a Minnesota medical assistance provider.

STATUTORY/REGULATORY AUTHORITY OF THE PROGRAM:

- Minn. Stat. § 145.88 (1992)
- Minn. Stat. §§ 144.10.11 (1992)
- Minn. R. 4705.0100, et. seq. (1991)